

## High Country Herb Weekend

Allison Poklemba & Jane Bothwell

August 5 – 7, 2011

Bear Basin Butte, Gasquet, CA

Come join us on the top of the world, with majestic mountains, lakes and wildflowers at this special botanical preserve. Class size limited to 11 people.

**Tuition: \$225** includes breakfasts, dinners, instruction, dorm style lodging or tenting.

## Botany for Herbalists

Allison Poklemba and Jane Bothwell

Late Summer 2011

Ludlum House, Brookings Oregon

Learn the edible and medicinal values of the local flora while focusing on using the botanical nomenclature with ease.

**Tuition: \$225** includes breakfasts, dinners, instruction, dorm style lodging or tenting.

## Festival of Herbs

### Visiting Teachers Series

Oct. 2011 – April 2012

10:00 am – 4:00 pm

Meets 1st weekend of month

The herbalists come to you in this seven weekend course designed for intermediate to advanced herb students and health care practitioners. Each class weekend you will have the opportunity to study with a different incredible herbalist. This is an excellent opportunity to pursue your herbal studies with some of the best herbal instructors in the country.

**Previous teachers have included:** Christopher Hobbs, Susun Weed, Candis Cantin, Ryan Drum, Cascade Anderson Geller, Rosemary Gladstar, David Hoffmann, Kathi Keville, Karyn Sanders, Matthew Wood

**Tuition: \$1225**

Address Correction Requested



Dandelion Herbal Center  
PO Box 4440  
Arcata, CA, 95518

# Dandelion Herbal Center

## Upcoming Events

with Jane Bothwell  
Herbalist, Hypnotherapist and  
Flower Essence Practitioner

*Dandelion Herbal Center offers classes and field trips for herb students ranging from the beginner interested primarily in basic herbal crafting techniques to advanced students seeking to enhance their careers in complementary medicine.*



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[www.dandelionherb.com](http://www.dandelionherb.com)

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## Natural Healing for Your Animal Companion

With Sonja Boynton of Bluebird Herbals  
December 11, 2010 • 12 – 4 pm

Give the gift of radiant health to your dog, cat or companion bird! You will learn species appropriate foods and herbs to heal common and not-so-common ailments in your critter.

Case studies will be discussed, but please bring specific questions about your beloved critter for more individual recommendations.

**Cost: \$45**



## Herbal Clinic Class

January 24 – May 9, 2011  
Meets once a Week on Mondays  
12:00 – 3:00 pm

Refine and expand your herbal counseling skills with this 12 week class designed for intermediate to advanced herb students and health care practitioners. We will evaluate case studies as well as practice with actual clients. The focus will be on learning tools to help people heal their illness from a holistic perspective. Whether you are working in a clinical setting or just with your family and friends, this class experience will give you more in depth insight, practical skills and confidence to apply your herbal knowledge.

**Class size limited to 12 students.**

**Cost: \$485**

## Eat Local! Wild Foods Banquet

April 3, 2011 • 10 am – 3 pm

Come discover the abundance of wild edibles that surround you! With our harvest we'll prepare a delicious feast to enjoy!

**Tuition: \$65** includes gourmet wild lunch

## Beginning with Herbs

January 26 – March 23, 2011  
8 Wednesday Evenings  
7:00 – 9:30 pm  
Plus 2 Herb Walks

This class is an excellent introduction to the world of healing plants for the beginning and intermediate herb student. It includes demonstration and use of medicinal preparations (tinctures, salves, pills, syrups, etc), field identification, herbal first aid, formula making and more, with lots of "hands-on" activities.

This class is a prerequisite to the 10-Month Herbal Studies Program.

**Location:** Moonrise Herbs, 826 G Street, Arcata  
(On the Plaza)

**Tuition: \$325** (includes samples)

## Herb Walks 2011

1:00 – 3:30 pm

February 13 • Dandelion Herbal Center

March 13 • Elk Head Trail, Trinidad

Learn about local edible and medicinal plants and how to ethically harvest, dry and store them.

**Cost: \$25.00 each or both for \$45.00**

## Petrolia Seaweeding Weekend

Allison Poklemba & Jane Bothwell

June 4 – 5, 2011

For a delicious, nutritious addition to your diet, learn how to identify, ethically harvest and prepare local sea vegetables.

**Tuition: \$100** includes camping fees, instruction and yummy sea-treats.



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## Treating Lyme Disease and Co-infections Using Herbal Medicines

With Sonja Boynton of Bluebird Herbals  
January 16, 2011 • 12 – 4 pm

Lyme Disease and its' co-infections can often be treated effectively with herbs in conjunction with or without the use of conventional antibiotics. Learn about one practitioners dance with these tricky 'bugs'. We will be exploring case studies on patients of Lyme and coinfections using an herbal protocol. Previous herbal knowledge is helpful but not necessary.

**Cost: \$45**



## 10-Month Herbal Studies Program

Feb – Nov 2011 • 10:00 am – 4:00 pm  
Meets 3rd weekend of the month  
Plus 3 weekend camping trips

Immerse yourself in the world of healing plants with this 130 hour program designed for the serious herb student. Classes will focus on herbal therapeutics, materia medica, medicine making, plant identification, seaweeds, wild foods, herbal first aid, flower essences, herb gardening and the magic and spirit of plants.

Field trips will give us the opportunity to wild-craft herbs and seaweeds, visit local herb farms and manufacturing businesses, and explore and identify herbs growing in different ecosystems. Rosemary Gladstar's Science and Art of Herbalism will be included as text for this course.

**Pre-requisite:** Beginning with Herbs or equivalent herbal experience.

**Tuition: \$1740** Includes all instruction, Rosemary Gladstar's home study course (\$375 value), membership to United Plant Savers and samples of products made.