

2009-2010 Festival of Herbs Syllabus

• *October 3-4: Cascade Anderson Geller*

Wildcrafting, Cultivating, and Bio-Engineering Herbs; The Golden Bough – Medicinal trees slideshow; Practicing Herbalism. With great respect and understanding of traditions around the globe, Cascade has been a practicing herbalist for more than 30 years. She is dedicated to political activist work involving public water, land and plant resources.

• *November 7-8: Candis Cantin*

How the Arabs Saved Greek Science and gave us the Roots of our Western Herbal Tradition; Living the Tonic Life; Building Vitality According to Oriental Medicine. Candis has over 28 years experience in Western, Ayurvedic and Chinese herbalism and nutrition. She is the proprietor of Evergreen Herb Garden and School and has several books, which include **Pocket Guide to Ayurvedic Medicine.**

• *December 5-6: James Green*

Quantum Herbalism; Constitutional uses of Bach Flower Essences, Iridology introduction. The wonderfully entertaining author of **The Male Herbal** and the **Medicine Maker's Home Manual**, James has over 40 years studying the art and science of herbalism. James reminds us to "Have fun and take good care of your body, it's a wonderful place to live."

• *January 9-10: Karen Uphoff*

Cleansing: the Ups, Downs, and Arounds of It; Loving your Lymphatics. Author of the newly published book **Botanical Body Care**, Karin has a masters in Zoology and is a practicing herbalist, masseuse, nutritional consultant and yoga instructor from the Mendocino coast.

• *February 6-7: Pam Montgomery*

Plant Communication. Pam is the originator of Green Terrestrial Herbal Products of Vermont and has been an integral part of many associations including the Northeast Herbal Association, United Plant Savers, and the Green Nations Gathering. She teaches workshops internationally on herbal medicine, Plant Spirit Healing, and Gaiacology. Pam is the author of **Partner Earth; A Spiritual Ecology and Plant Spirit Healing; A Guide to Working with Plant Consciousness.**

• *March 6-7: Mindy Green*

Clinical Aromatherapy for Health and Wellness; Essential Oils, Skin Care and Cancer Research. With over 35 years experience, Mindy is a licensed esthetician, massage therapist, registered aromatherapist, has an MA in Health and Human Services, and has served as faculty at several research universities as well as authored numerous articles and books. Currently she is working on her new business Green Scentsations.

• *April 10-11: Rosemary Gladstar*

Forgotten Tools of Herbalism; Herbs for Menopause and after ... Transitions and Transformations. The "Mother" of Herbalism, Rosemary founded Sage Mountain Herbal Retreat Center and Botanical Sanctuary, United Plant Savers, The International Herb Symposium and is the director of the NE Women's Herbal Conference. Rosemary has been practicing, living, learning, teaching and writing about herbs for over 30 years. She is the author of nine books including the popular **Herbal Healing for Women** and the **Gladstar Family Herbal.**