



# DANDELION HERBAL CENTER

## 2010 10-MONTH HERBAL STUDIES PROGRAM

with Jane Bothwell

- February 20, 21: Greeting each other and the plants, History of Herbal Medicine  
Materia Medica & Herbal Therapeutics for the Nervous System
- March 20, 21: Percolation method of tincturing  
Materia Medica and Herbal Therapeutics for the Liver and Digestive Systems
- April 17, 18: Using herbs with children  
Basics of plant taxonomy and an herb walk to Samoa Dunes with Allison Poklemba
- May 15, 16: Exploring the Flower Essence system of healing  
Camping field trip to Petrolia to harvest seaweed, wild oats and swim in the river. Allison Poklemba will share her expertise about sea vegetables. We'll leave Saturday after class and return Sunday around 5pm.
- \*June 12, 13: Hike through Fern Canyon – meet at 9:00 am  
Materia Medica and Herbal Therapeutics for the Urinary System
- July 16, 17, 18: Field trip to Southern Oregon to visit HerbPharm, Pacific Botanicals, and Horizon Seed Company. Depart Friday 7:30 AM from Arcata, return around 3:00 PM Sunday.
- August 21, 22: Tim Blakely of Frontier Herbs – Aromatherapy and Sustainability  
Herbs for the Reproductive System
- September 18,19: Materia Medica and Herbal Therapeutics for the Respiratory System  
Materia Medica and Herbal Therapeutics for the Skin, Muscles and Bones
- October 16, 17: Field trip to Elk Head, Trinidad  
Herbal Therapeutics for Natural Immunity
- November 20, 21: Medicine Show, Project Presentation, Graduation celebration  
*Overnight : 10am Saturday to 5pm Sunday*

\* This class is not held on the 3<sup>rd</sup> weekend of the month.

**Location:** Dandelion Herbal Center -- 4803 Greenwood Hts. Dr Kneeland 442-8157. Class meets (unless otherwise noted) from 10 AM to 4 PM. Please arrive at 9:45. Our schedule will naturally evolve as we do, so be prepared for some changes in content.

**Tuition:** \$1,740.00 includes all instruction, samples of products made, and Rosemary Gladstar's home study course "The Science and Art of Herbalism", and membership to United Plant Savers.

**Assistant:** To Be Determined

Jane Bothwell: janeb@arcatanet.com, www.dandelionherb.com, 707-442-8157, cell 599-7476

**MORE DETAILS:** *Most every class includes field identification of wild and cultivated herbs, harvesting and medicine making, herb gardening tips, and wild food harvest and ingestion.*

\*\*\*\*\* *subject to change 9-15-09 edition* \*\*\*\*\*