

Dear

Welcome to the Year 2010 Ten Month Herbal Studies Program. Our first class weekend is February 20th and 21st. Class will be held at the Dandelion Herbal Center, 4803 Greenwood Hts. Dr., Kneeland, from 10 a.m. to 4 p.m., Saturday and Sunday. Please arrive at 9:45 so we will all be ready to begin at 10:00.

For our first weekend please bring: clothing for all types of weather, especially waterproof shoes or boots; notebook and pen; camera, if you would like; Peterson's Field Guide to Pacific States Wildflowers or the Jepson Manual; magnifying lens; a plant to introduce yourself with; enthusiasm and wonder.

Unless your class decides otherwise, we will divide into lunch groups at our first meeting, so only 3 or 4 of you will need to bring lunch each time. What marvelous potlucks we will have! For our first weekend I'll be asking for volunteers. If you would like to volunteer to bring lunch items for the first weekend, please call me at (707) 442-8157. The class assistant is to be determined. The class assistant will be organizing the lunches as well as sharing her wealth of herbal info with you!

Thank you for your deposit of _____. The remaining balance of the full tuition, _____, is due at this time. Unless you have spoken with me otherwise, please adhere to this payment schedule. If you would like to make payment via credit card, we are setup to receive credit cards on our website www.dandelionherb.com.

Class will be held at the Dandelion Herbal Center. Carpooling is essential. Please call _____ or _____ to see what you can arrange. Three Corners Market is a convenient meeting place. Parking is tricky and a good reason to carpool, besides great conversations with your classmates. Someone will be out front helping you to park. The classroom is above the garage. The door is at the back side of the building. Most all of you have been here before or are traveling with someone who has. If you need directions please let us know.

You will receive The Science and Art of Herbalism home study course at our first class. We look forward to sharing plant medicine with you and being part of an incredible group of people.

Herbally Yours,

Jane Bothwell



DANDELION HERBAL CENTER

2010 10-MONTH HERBAL STUDIES PROGRAM

with Jane Bothwell

- February 20, 21: Greeting each other and the plants, History of Herbal Medicine
Materia Medica & Herbal Therapeutics for the Nervous System
- March 20, 21: Percolation method of tincturing
Materia Medica and Herbal Therapeutics for the Liver and Digestive Systems
- April 17, 18: Using herbs with children
Basics of plant taxonomy and an herb walk to Samoa Dunes with Allison Poklemba
- May 15, 16: Exploring the Flower Essence system of healing
Camping field trip to Petrolia to harvest seaweed, wild oats and swim in the river. Allison Poklemba will share her expertise about sea vegetables. We'll leave Saturday after class and return Sunday around 5pm.
- *June 12, 13: Hike through Fern Canyon – meet at 9:00 am
Materia Medica and Herbal Therapeutics for the Urinary System
- July 16, 17, 18: Field trip to Southern Oregon to visit HerbPharm, Pacific Botanicals, and Horizon Seed Company. Depart Friday 7:30 AM from Arcata, return around 3:00 PM Sunday.
- August 21, 22: Tim Blakely of Frontier Herbs – Aromatherapy and Sustainability
Herbs for the Reproductive System
- September 18,19: Materia Medica and Herbal Therapeutics for the Respiratory System
Materia Medica and Herbal Therapeutics for the Skin, Muscles and Bones
- October 16, 17: Field trip to Elk Head, Trinidad
Herbal Therapeutics for Natural Immunity
- November 20, 21: Medicine Show, Project Presentation, Graduation celebration
Overnight : 10am Saturday to 5pm Sunday

* This class is not held on the 3rd weekend of the month.

Location: Dandelion Herbal Center -- 4803 Greenwood Hts. Dr Kneeland 442-8157. Class meets (unless otherwise noted) from 10 AM to 4 PM. Please arrive at 9:45. Our schedule will naturally evolve as we do, so be prepared for some changes in content.

Tuition: \$1,740.00 includes all instruction, samples of products made, and Rosemary Gladstar's home study course "The Science and Art of Herbalism", and membership to United Plant Savers.

Assistant: To Be Determined

Jane Bothwell: janeb@arcatanet.com, www.dandelionherb.com, 707-442-8157, cell 599-7476

MORE DETAILS: *Most every class includes field identification of wild and cultivated herbs, harvesting and medicine making, herb gardening tips, and wild food harvest and ingestion.*

***** *subject to change 9-15-09 edition* *****

Application for 2010 Ten Month Herbal Studies Program

Date: _____

Name: _____

Phone: _____ Cell: _____

Address: _____

E-Mail: _____

Birthday: _____

Sun, Moon, Rising (if known) _____

A few of my favorite plants: Why?

A few of my favorite herb books:

Your experience with herbs (classes, self-taught, made a tea once, been making concoctions for years, etc.) -- answer on back of form.

Check what you have made on your own:

salve liniment tincture tea syrup pills poultices
 other (please list):

Why would you like to take this program?

What are your special talents and hobbies?

What else would you like to tell me?

Mail to: Jane Bothwell, Box 4440, Arcata, CA. 95518, To reserve your space, please submit this application with a \$500.00 deposit. Personalized payment plans are available if needed, please contact me for details. Tuition, minus \$150.00 processing fee, is refundable up to February 1, after that time you may apply the tuition to next years class. If you would like to pay using your credit card, we are now able to accept payments on-line through PayPal at www.dandelionherb.com.

Frontier/ Aura Cacia Scholarship Essay

One \$500 scholarship toward Dandelion Herbal Center's 10-Month program

Deadline: January 1, 2010

Submit: By email to janeb@arcatanet.com

Instructions: Submit a 1-2 page 'essay' on sustainability and conservation and plants used to make essential oils. The essay has to be on Aromatherapy and essential oils, not on spices or medicinal herbs except those that of course are made into oils.

Hints: One applicant wrote about the importance of Aromatherapy in a natural practice, another wrote on the Sustainability of Sandalwood, etc.

Decision Making Process: Dandelion Herbal Center will forward your essay to Aura Cacia. Their scholarship team will choose a winner and notify us within 2 weeks of the program starts. They will send a check to DHC addressed to both the student and to DHC to insure the check is used specifically for paying for the cost of the program.